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Write This Down if You Want to Make Changes



Nicholas Pollak / January 7, 2014 /

OP-ED (<http://www.thefrontpageonline.com/category/op-ed>)

When a new client comes in, I ask the person to write, in cursive, what he or she is hoping to achieve through hypnosis. After the paperwork has been completed, we talk about what the person wants to do and how best to set about it.

At first, I use the handwriting to help me gain an understanding as to the best way for me to communicate with the client. Handwriting truly gives me insight to each client. I know, straightaway, the person's suggestibility and behaviors. In turn, this shows me what kind of relationships the person has had and his or her dedication families and employers.

I also look for self esteem, self-confidence, whether the client is open mentally to new ideas or open materially to new sights, sounds, tastes, whether sympathetic, empathetic, levelheaded or emotional.

I have been analyzing handwriting for 23 years. My clients say that I am 95 percent accurate.

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Not only does handwriting allow me to see the personality of a client, it helps a client to create changes.

You can change your personality by changing your handwriting. If you think this is not possible, compare the handwriting of when you were much younger to your handwriting of today. You will see huge changes. You have changed and your handwriting reflects that.

A personal example of this is that when I first came to the United States I was fairly shy. My handwriting showed this. I changed my writing to reflect the behaviors of someone who would be less shy and more outgoing. Within 21 days I began to notice that my shyness was easing.

Let me explain how handwriting helps you to change. As a handwriting analyst, 200 character traits exist. Therefore, if I know a particular letter shows a particular trait, by changing that letter you can change that behavior.

When we were very young, we learned to tie a shoelace. It was difficult at first, but eventually we learned it and the action of tying a shoelace is now firmly stored within our subconscious. This means that every time we see a shoelace that needs tying, our subconscious registers what needs to be done and then sends out the correct signals to let our hand/eye coordination tie the lace.

If I know that a particular letter shows a person's self-esteem and self-confidence or I see his confidence is low, I will show him what the letter would look like if the opposite were true. I have the person write the letter correctly every time. At first it is difficult, but as time goes by and with repetition, the person writes the letter correctly, soon without even thinking about it. The subconscious is learning and retaining the new way that the letter is being written. Now the person is at a point that the changes should begin to surface.

I have done this with most of my clients. Hypnosis plus the change in their handwriting creates the changes that they are looking for. Let me encourage you further by letting you know that the handwriting is an adjunct to the hypnosis. Your changes will come as a result of hypnosis or as a result of you changing your handwriting.

Do not hesitate to contact me by telephone, 310.204.3321, or by email at nickpollak@hypnotherapy4you.net (mailto:nickpollak@hypnotherapy4you.net). See my website at www.hypnotherapy4you.net (http://www.hypnotherapy4you.net)



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Repeat Every 1 Week(s) on : Friday, Saturday, Sunday

Love, incest, mental illness and murder. A 25th an

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