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Tuesday, May 26th 2015



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Tracking Competing Memories from 1976

Nicholas Pollak / May 25, 2015 /

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Why do I love what I do so much? You never know what to expect on any day. Clients bring a multitude of different issues.

Here is a fun one.

A client asked if I would do three sessions, back to back to back. One for him, one for his sister, one for his mother.

Back in 1976, he said, all had witnessed a certain event, and he wanted to see if each person remembered the same or there were big differences.

They saw a series of bright light. They suspected they were unidentified flying objects. The family wanted to know what they had seen. I cautioned them that there was no guarantee with hypnosis they would recall anything more than what they thought they had seen.

I hypnotized all three in individual sessions. Turned out they all saw pretty much the same objects. They were happy.

My job as a hypnotist is not to determine what a client needs but to help a client gain what he wants. In some cases I have been asked to do past life regressions as people want to know what and who they were in a former life.

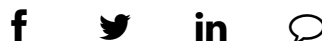
I have an issue, though, with the regression. No doubt each client truly believes what he sees. But is the person's vision real or a mishmash of remembered TV shows, movies, comics, novels? This is more applicable today with the advent of the internet and all of the amazing things one can find.

I do not ever put a client down for believing what he or she believes. Hypnosis is such a powerful tool that persons may be seeing a past life. Remember, with all the brainpower we have available, we only use 5 percent of it. Of that, 10 percent is conscious, 90 percent subconscious. Everything we ever have done is stored and available. Hypnosis is the best way to access it.

Were you to meditate, the meditation would take you to the same place as hypnosis. When in a meditative state or hypnotic state, view yourself as the you you would like to be create the new self image. Watch as the subconscious changes to give you the new behaviors that you want.

To gain the view of a past life or to create the present day life that you are living and to be the successful, give a hypnotist a try.

Do not hesitate to contact me by telephone, 310.204.3321, or by email at nickpollak@hypnotherapy4you.net (<mailto:nickpollak@hypnotherapy4you.net>). See my website at www.hypnotherapy4you.net (<http://www.hypnotherapy4you.net>)



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The multiple award-winning Echo Theater Company, n

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Love, incest, mental illness and murder. A 25th an

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