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Path to Success May Look Like a Zig-Zag but It Is a Straight Line



Nicholas Pollak / February 14, 2011 /

OP-ED (<http://www.thefrontpageonline.com/category/op-ed>)

[img]560|left|Nicholas D. Pollak||no_popup[/img]My wife went on her regular morning walk to the dog park this morning. While her dog was playing, she found a cell phone. Since no one was in the park, she called the number marked “mom” and left a message.

At 5 o’clock, the father of the owner turned up to retrieve it. An energetic gentleman of French origin, when he found out I was a hypnotist, he said, “I don’t believe in coincidence/ It appears my daughter was meant to lose her phone for me to find you. I really want to quit smoking, and I have a strong belief that hypnotherapy will help me.”

After under going a test, I found him to be an excellent candidate. Most importantly, he had the right attitude.

Path to Success: My Story by Zanele Matthews, Straight Dope for nicotine withdrawal symptoms, that he would stop. He felt ready, and he was prepared for nicotine withdrawal symptoms. That he would face. Withdrawal might be bad, but not quitting would be worse.

A former athlete of Olympic stature, he knew how to focus to gain success, recognizing his objective was no different from any other. But he needed help. This is very important. He was creating a “team” to help him gain his goal.

Each of us might consider this concept. Successful people will tell you that they would not be where they are had it not been for help from people they had met. They found by giving others what they wanted, they gained what they wanted in return.

Working as a Single Unit

To accomplish that, they had to demonstrate they could be strong but still work within a team to assist each member of the team gain separate and combined goals. They had found in business that each action made by each individual or as a team created ripples affecting all members of the team. Without each other, their team and their place within it would be of no value. To train to the expectations of your team members and for your own success creates the success and the requisite interdependence.

Like him or not, President Obama did not gain his position by making everyone dislike him. He found ways to create a team to assist him to his goal. His team was successful. Each member must play his part, not as the leader on a higher level, but as a leader on the same level as his peers.

So it is within a relationship. Couples who encourage each other to succeed in individual goals create a successful relationship because each is working toward what he wants. Aside from being individually successful, this aura spills over into their relationship. Success makes them happier, more financially independent with material rewards that they were looking for as a couple.

Personally Speaking

My daughter recently broke up with her boyfriend of two years. Why? She is very motivated, working long hours at a car dealership to gain the sales seasoning she needs to create the financial independence she wants. Her boyfriend was less interested in her success but more interested in her being home when he wanted her to be there and to be

came home or had time to be with him, all he wanted to do was to watch TV or play video games.

My daughter knew he was not going to get anywhere. He did not understand the reason she has to work long hours. Had he, they might still be together.

Another couple I know came close to a divorce. Rather than encouraging each other to succeed, they tried to sabotage one another. The husband worried his wife would leave him so he wanted her to stay at home. The wife felt that this attempt verged on mental abuse. Once they understood what they were doing, they reversed direction and started to support each other.

She now goes out when she wants, meeting enough people to make her new business venture a success. No longer worried she will leave, the husband's improved mental state allowed him to concentrate more on his work. He is faring better than before. Within six months, he earned a huge promotion. They understand the crucial importance of working together.

For the athlete, my daughter, the married couple and each of us, the theme is that success comes through hard work, creation of a goal, working toward it, determination to be successful, and having the support of peers and those closest to us.

If you have any questions please do not hesitate to contact me by telephone, 310.204.3321, or by email at nickpollak@hypnotherapy4you.net (<mailto:nickpollak@hypnotherapy4you.net>). See my website at www.hypnotherapy4you.net (<http://www.hypnotherapy4you.net/>)



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A secret cache of letters brings together a former

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The multiple award-winning Echo Theater Company, n

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