



[\(http://www.titostacos.com/\)](http://www.titostacos.com/)

Tuesday, June 2nd 2015



<http://twitter.com/thefrontpageonline>  
[/tfpo/feed](http://www.thefrontpageonline.com/feed)



[\(HTTP://WWW.THEFRONTPAGEONLINE.COM/\)](http://www.thefrontpageonline.com/)

## Impact of Hypnosis on a Child's Life

Nicholas Pollak / June 2, 2015 /

[OP-ED \(http://www.thefrontpageonline.com/category/op-ed\)](http://www.thefrontpageonline.com/category/op-ed) /

[Leave a Comment \(http://www.thefrontpageonline.com/op-ed/impact-of-hypnosis-on-a-child\)](http://www.thefrontpageonline.com/op-ed/impact-of-hypnosis-on-a-child)





**Photo: [www.hantshypno.co.uk](http://www.hantshypno.co.uk)**

Spanning all ages, hypnotherapy is exceptionally helpful to children. Parents bring their children for ADD, ADHD, insomnia, panic and anxiety, low self-esteem and depression.

In every case, the child was on medicine and parents were seeking drug-free methods because of negative side effects such as inability to concentrate, headaches, nausea, constipation, nervousness and depression.

Hypnosis is created in one of two ways. First, it provides a lot of information quickly, overloading the conscious mind which folds in on itself. This leaves the subconscious open to hypnotic intervention.

Second is point of fascination. Staring at a fixed point, eyes tend to defocus, turning toward the bridge or the tip of the nose. The room around the object begins to go out of focus. By closing his eyes, a person is hypnotized.

Children, like sponges, absorb all they see and hear. Everything is stored within their subconscious. The fun is that the child still is open to suggestions and easy to hypnotize.

Impact of Hypnosis on Children's Behavior - The Effective Page 4 of 4 // www.befiglife.com/2015/06/02/hypnosis-o...  
swimming pool, being careful to avoid it. On the other side, she would stop, realize she wanted to tell me something and run back to me.

## ‘What Do You Want?’

Noticing I was in conversation, she would tug my hand insistently, saying “I have something to tell you.” She was to keep doing this until I said, “What do you want?” At that point she would forget what she was going to say. It worked. Everyone laughed, including the child.

Another time I hypnotized an 8-year-old boy to not see or hear his mother who was standing in front of him.

Once I had a 12-year-old forget the number five. Imagine his concern when I asked him to count to 10 with his fingers. He always had one finger left. He accepted this confusion with grace. I gave him the number five back before I dehypnotized him.

When children have serious issues, hypnosis also is helpful.

A 12-year-old girl, large for her age, was bullied so savagely by classmates she considered suicide, even cutting herself regularly.

Within weeks, hypnosis had turned her around. No longer depressed, she regained her self-esteem and her grades dramatically improved.

A 10-year-old client had no friends at school and had trouble controlling his temper. Once we figured out why, hypnosis swiftly resolved his issue. Focused and friendly, today he is a straight “A” student.

In addition to hypnosis, I recommend a child take up the martial arts because it brings two benefits:

- It shows a person how to defend himself while demonstrating the arts only are for defense not attack.

physically put down any opposition. Far from being cowardly, walking away protects the protagonist from being harmed.

***Do not hesitate to contact me by telephone, 310.204.3321, or by email at [nickpollak@hypnotherapy4you.net](mailto:nickpollak@hypnotherapy4you.net). See my website at [www.hypnotherapy4you.net](http://www.hypnotherapy4you.net) (<http://www.hypnotherapy4you.net>)***



## Leave a Reply

Your email address will not be published. Required fields are marked \*

Name\*

Email\*

Website

Comment

Submit

➤ Search

OP-ED

Submit

## Recent Comments

James Province on [Farragut Is Back: Court Denies Greenberg Motion](#)

(<http://www.thefrontpageonline.com/op-ed/farragut-is-back-court-denies-greenberg-motion#comment-2481>)

Ronald Davis on [New Traffic Patterns at the High School](#)

(<http://www.thefrontpageonline.com/news/new-traffic-patterns-at-the-high-school#comment-2477>)

Mike on [Trapped in Prison for 12 Years](#) (<http://www.thefrontpageonline.com/op-ed/editors-essays/trapped-in-prison-for-12-years#comment-2420>)

George Laase on [Goldberg Pessimistic About Air Solution](#)

(<http://www.thefrontpageonline.com/news/goldberg-pessimistic-about-air-solution#comment-2418>)

George Laase on [Cleansing the El Marino Air — Not](#) (<http://www.thefrontpageonline.com/news/cleansing-the-el-marino-air-not#comment-2412>)

## Popular Posts

[Java Gala VII Saturday Night](#) (<http://www.thefrontpageonline.com/ae/java-gala-vii-saturday-night>) June 2, 2015

[Plain Talk and Warnings for Drivers](#) (<http://www.thefrontpageonline.com/breaking-news/plain-talk-and-warnings-for-drivers>) June 2, 2015

[Of Aging Parcel B and Pyramids \(http://www.thefrontpageonline.com/breaking-news/of-aging-parcel-b-and-pyramids\)](http://www.thefrontpageonline.com/breaking-news/of-aging-parcel-b-and-pyramids) June 2, 2015

---

[A Warning on Water Rationing \(http://www.thefrontpageonline.com/breaking-news/a-warning-on-water-rationing\)](http://www.thefrontpageonline.com/breaking-news/a-warning-on-water-rationing) June 2, 2015

---

[Impact of Hypnosis on a Child's Life \(http://www.thefrontpageonline.com/op-ed/impact-of-hypnosis-on-a-childs-life\)](http://www.thefrontpageonline.com/op-ed/impact-of-hypnosis-on-a-childs-life) June 2, 2015

---

 [\\_ \(http://feeds.reuters.com/reuters/topNews\)](http://feeds.reuters.com/reuters/topNews)  
[World News \(http://www.reuters.com/\)](http://www.reuters.com/)

---

[Militants kill nine Afghan aid workers in night time attack \(http://feeds.reuters.com/~r/reuters/topNews/~3/g3q52xcd8do/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/g3q52xcd8do/story01.htm)

---

[South Korea reports first two deaths from MERS respiratory illness \(http://feeds.reuters.com/~r/reuters/topNews/~3/XMjyCERoUco/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/XMjyCERoUco/story01.htm)

---

[Hundreds missing, many elderly tourists, after ship capsizes on China's Yangtze \(http://feeds.reuters.com/~r/reuters/topNews/~3/uItOzsRzqSQ/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/uItOzsRzqSQ/story01.htm)

---

[Greece says offers comprehensive reform plan in debt talks \(http://feeds.reuters.com/~r/reuters/topNews/~3/ItTxOPL7NKc/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/ItTxOPL7NKc/story01.htm)

---

[Why U.S. billionaires may not be able to buy the 2016 election \(http://feeds.reuters.com/~r/reuters/topNews/~3/EhAPBEYnZDc/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/EhAPBEYnZDc/story01.htm)

---

[Myanmar escorting boat crammed with migrants to 'safe' area \(http://feeds.reuters.com/~r/reuters/topNews/~3/QUG75G6plbM/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/QUG75G6plbM/story01.htm)

---

[Greek uncertainty hits Europe shares, inflation lifts euro \(http://feeds.reuters.com/~r/reuters/topNews/~3/gGzTiTGT\\_k4/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/gGzTiTGT_k4/story01.htm)

---

[Iraq PM says allies not doing enough to counter Islamic State \(http://feeds.reuters.com/~r/reuters/topNews/~3/dzpD3dl3kVQ/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/dzpD3dl3kVQ/story01.htm)

---

[Fund managers boost bets on health care even amid high prices \(http://feeds.reuters.com/~r/reuters/topNews/~3/B-Gm3YREZzQ/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/B-Gm3YREZzQ/story01.htm)

[Arizona mosque, site of anti-Islam protest, holds 'love not hate' event \(http://feeds.reuters.com/~r/reuters/topNews/~3/210vZQcg1Ug/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/210vZQcg1Ug/story01.htm)

## Events Calendar

**Sunset Baby** ([http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&calendar\\_id=widget-upcoming\\_events-7-title&theme\\_id=1&eventID=16&widget=1&date=2015-06-03&TB\\_iframe=1&tbWidth=600&tbHeight=500](http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&calendar_id=widget-upcoming_events-7-title&theme_id=1&eventID=16&widget=1&date=2015-06-03&TB_iframe=1&tbWidth=600&tbHeight=500))

June 03, 2015

Repeat Every 1 Week(s) on : Wednesday,Thursday,Friday,Saturday,Sunday

A secret cache of letters brings together a former

See more ([http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&theme\\_id=1&calendar\\_id=widget-upcoming\\_events-7-title&eventID=16&widget=1&date=2015-06-03&TB\\_iframe=1&tbWidth=600&tbHeight=500](http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&theme_id=1&calendar_id=widget-upcoming_events-7-title&eventID=16&widget=1&date=2015-06-03&TB_iframe=1&tbWidth=600&tbHeight=500))

**The Minimalists: WordTasting Tour 2015** ([http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&calendar\\_id=widget-upcoming\\_events-7-title&theme\\_id=1&eventID=31&widget=1&date=2015-06-05&TB\\_iframe=1&tbWidth=600&tbHeight=500](http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&calendar_id=widget-upcoming_events-7-title&theme_id=1&eventID=31&widget=1&date=2015-06-05&TB_iframe=1&tbWidth=600&tbHeight=500))

June 05, 2015

Asymmetrical Press, The Minimalists, and Exile Lif

See more ([http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&theme\\_id=1&calendar\\_id=widget-upcoming\\_events-7-title&eventID=31&widget=1&date=2015-06-05&TB\\_iframe=1&tbWidth=600&tbHeight=500](http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&theme_id=1&calendar_id=widget-upcoming_events-7-title&eventID=31&widget=1&date=2015-06-05&TB_iframe=1&tbWidth=600&tbHeight=500))

**'Row After Row' & 'A Small Fire'** ([http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&calendar\\_id=widget-upcoming\\_events-7-title&theme\\_id=1&eventID=24&widget=1&date=2015-06-05&TB\\_iframe=1&tbWidth=600&tbHeight=500](http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&calendar_id=widget-upcoming_events-7-title&theme_id=1&eventID=24&widget=1&date=2015-06-05&TB_iframe=1&tbWidth=600&tbHeight=500))

June 05, 2015

Repeat Every 1 Week(s) on : Friday,Saturday,Sunday

The multiple award-winning Echo Theater Company, n

See more (<http://www.thefrontpageonline.com/wp-admin/admin->

Go dget=1&date=2015-06-05&TB\_iframe=1&tbWidth=600&

tbHeight=500)

- Downtown Culver City, CA  
90232

[Weather](#) [Wind](#) [Rain](#) [Sun](#) [Moon](#) [UV](#)

66°F

Gradual Clearing

SSW Wind 8.1 mph

[Subscribe to our News Feed!](#)

<http://www.thefrontpageonline.com/feed>

## 📌 Categories

---

[A&E \(http://www.thefrontpageonline.com/category/ae\)](http://www.thefrontpageonline.com/category/ae) (672)

---

[Film \(http://www.thefrontpageonline.com/category/ae/film\)](http://www.thefrontpageonline.com/category/ae/film) (143)

---

[General Art \(http://www.thefrontpageonline.com/category/ae/general-art\)](http://www.thefrontpageonline.com/category/ae/general-art) (49)

---

[Theatre \(http://www.thefrontpageonline.com/category/ae/theatre\)](http://www.thefrontpageonline.com/category/ae/theatre) (58)

---

[All Posts \(http://www.thefrontpageonline.com/category/allposts\)](http://www.thefrontpageonline.com/category/allposts) (4)

---

[Breaking News \(http://www.thefrontpageonline.com/category/breaking-news\)](http://www.thefrontpageonline.com/category/breaking-news) (11)



[News \(http://www.thefrontpageonline.com/category/news\)](http://www.thefrontpageonline.com/category/news) (4,109)

[OP-ED \(http://www.thefrontpageonline.com/category/op-ed\)](http://www.thefrontpageonline.com/category/op-ed) (8,473)

[Editor's Essays \(http://www.thefrontpageonline.com/category/op-ed/editors-essays\)](http://www.thefrontpageonline.com/category/op-ed/editors-essays)  
(720)

[Letters \(http://www.thefrontpageonline.com/category/op-ed/letters\)](http://www.thefrontpageonline.com/category/op-ed/letters) (1,567)

[The Recreational Nihilist \(http://www.thefrontpageonline.com/category/op-ed/the-recreational-nihilist\)](http://www.thefrontpageonline.com/category/op-ed/the-recreational-nihilist)  
(129)

[Sports \(http://www.thefrontpageonline.com/category/sports\)](http://www.thefrontpageonline.com/category/sports) (451)

## Archives

Archives

Select Month

## Recent Posts

[Java Gala VII Saturday Night \(http://www.thefrontpageonline.com/ae/java-gala-vii-saturday-night\)](http://www.thefrontpageonline.com/ae/java-gala-vii-saturday-night) June 2, 2015

[Plain Talk and Warnings for Drivers \(http://www.thefrontpageonline.com/breaking-news/plain-talk-and-warnings-for-drivers\)](http://www.thefrontpageonline.com/breaking-news/plain-talk-and-warnings-for-drivers) June 2, 2015

[Of Aging Parcel B and Pyramids \(http://www.thefrontpageonline.com/breaking-news/of-aging-parcel-b-and-pyramids\)](http://www.thefrontpageonline.com/breaking-news/of-aging-parcel-b-and-pyramids) June 2, 2015

[A Warning on Water Rationing \(http://www.thefrontpageonline.com/breaking-news/a-warning-on-water-rationing\)](http://www.thefrontpageonline.com/breaking-news/a-warning-on-water-rationing) June 2, 2015

[Impact of Hypnosis on a Child's Life \(http://www.thefrontpageonline.com/op-ed/impact-of-hypnosis-on-a-childs-life\)](http://www.thefrontpageonline.com/op-ed/impact-of-hypnosis-on-a-childs-life) June 2, 2015

---

[Rodriguez of Culver High Is a Winner \(http://www.thefrontpageonline.com/news/rodriguez-of-culver-high-is-a-winner\)](http://www.thefrontpageonline.com/news/rodriguez-of-culver-high-is-a-winner) June 1, 2015

---

[Cooper Komatsu 11th in Scripps National Spelling Bee \(http://www.thefrontpageonline.com/op-ed/cooper-komatsu-11th-in-scripps-national-spelling-bee\)](http://www.thefrontpageonline.com/op-ed/cooper-komatsu-11th-in-scripps-national-spelling-bee) June 1, 2015

---

[Golden State Unveils Individual Rules for Handling Drought \(http://www.thefrontpageonline.com/op-ed/golden-state-unveils-individual-rules-for-handling-drought\)](http://www.thefrontpageonline.com/op-ed/golden-state-unveils-individual-rules-for-handling-drought) June 1, 2015

---

[When Does Two Mean Three, Down Mean Up? \(http://www.thefrontpageonline.com/op-ed/when-does-two-mean-three-down-mean-up\)](http://www.thefrontpageonline.com/op-ed/when-does-two-mean-three-down-mean-up) June 1, 2015

---

[Chief Bixby Will Address Democrats \(http://www.thefrontpageonline.com/news/chief-bixby-will-address-democrats\)](http://www.thefrontpageonline.com/news/chief-bixby-will-address-democrats) June 1, 2015

---

## Recent Comments

---

James Province on [Farragut Is Back: Court Denies Greenberg Motion \(http://www.thefrontpageonline.com/op-ed/farragut-is-back-court-denies-greenberg-motion#comment-2481\)](http://www.thefrontpageonline.com/op-ed/farragut-is-back-court-denies-greenberg-motion)

---

Ronald Davis on [New Traffic Patterns at the High School \(http://www.thefrontpageonline.com/news/new-traffic-patterns-at-the-high-school#comment-2477\)](http://www.thefrontpageonline.com/news/new-traffic-patterns-at-the-high-school)

---

Mike on [Trapped in Prison for 12 Years \(http://www.thefrontpageonline.com/op-ed/editors-essays/trapped-in-prison-for-12-years#comment-2420\)](http://www.thefrontpageonline.com/op-ed/editors-essays/trapped-in-prison-for-12-years)

---

George Laase on [Goldberg Pessimistic About Air Solution \(http://www.thefrontpageonline.com/news/goldberg-pessimistic-about-](http://www.thefrontpageonline.com/news/goldberg-pessimistic-about)

---

George Laase on [Cleansing the El Marino Air – Not](http://www.thefrontpageonline.com/news/cleansing-the-el-marino-air-not#comment-2412) (<http://www.thefrontpageonline.com/news/cleansing-the-el-marino-air-not#comment-2412>)

---

Diane on [Trapped in Prison for 12 Years](http://www.thefrontpageonline.com/op-ed/editors-essays/trapped-in-prison-for-12-years#comment-2406) (<http://www.thefrontpageonline.com/op-ed/editors-essays/trapped-in-prison-for-12-years#comment-2406>)

---

Frédéric Sisa on [Poetry: Lotus Pond – 1. The Secret of Crossroads](http://www.thefrontpageonline.com/ae/poetry-lotus-pond-1-the-secret-of-crossroads#comment-2402) (<http://www.thefrontpageonline.com/ae/poetry-lotus-pond-1-the-secret-of-crossroads#comment-2402>)

---

Janet Hoult on [Poetry: Lotus Pond – 1. The Secret of Crossroads](http://www.thefrontpageonline.com/ae/poetry-lotus-pond-1-the-secret-of-crossroads#comment-2401) (<http://www.thefrontpageonline.com/ae/poetry-lotus-pond-1-the-secret-of-crossroads#comment-2401>)

---

Rick Regalado (<http://pageonline>) on [What's Better Than 140 Tito's Tacos? Ask Vets](http://www.thefrontpageonline.com/news/whats-better-than-140-titos-tacos-ask-vets#comment-2389) (<http://www.thefrontpageonline.com/news/whats-better-than-140-titos-tacos-ask-vets#comment-2389>)

---

Jerry Chabola on [New Traffic Patterns at the High School](http://www.thefrontpageonline.com/news/new-traffic-patterns-at-the-high-school#comment-2373) (<http://www.thefrontpageonline.com/news/new-traffic-patterns-at-the-high-school#comment-2373>)

---



(<https://twitter.com/thefrontpageonline>)  
(<http://www.thefrontpageonline.com/tfpo/feed>)

[NEWS \(HTTP://WWW.THEFRONTPAGEONLINE.COM/NEWS\)](http://www.thefrontpageonline.com/news)

[/ OP-ED \(HTTP://WWW.THEFRONTPAGEONLINE.COM/OP-ED\)](http://www.thefrontpageonline.com/op-ed)

[/ A&E \(HTTP://WWW.THEFRONTPAGEONLINE.COM/AE\)](http://www.thefrontpageonline.com/ae)

[/ SPORTS \(HTTP://WWW.THEFRONTPAGEONLINE.COM/SPORTS\)](http://www.thefrontpageonline.com/sports)

[/ CALENDAR \(HTTP://WWW.THEFRONTPAGEONLINE.COM/CALENDAR\)](http://www.thefrontpageonline.com/calendar)

- [ABOUT US \(HTTP://WWW.THEFRONTPAGEONLINE.COM/ABOUT-US\)](http://www.thefrontpageonline.com/about-us)
- [/ OUR PHILOSOPHY \(HTTP://WWW.THEFRONTPAGEONLINE.COM/OUR-PHILOSOPHY\)](http://www.thefrontpageonline.com/our-philosophy)
- [/ THE FRONT PAGE TEAM \(HTTP://WWW.THEFRONTPAGEONLINE.COM/THE-FRONT-PAGE-TEAM\)](http://www.thefrontpageonline.com/the-front-page-team)
- [/ ADVERTISERS \(HTTP://WWW.THEFRONTPAGEONLINE.COM/ADVERTISERS\)](http://www.thefrontpageonline.com/advertisers)
- [/ CONTACT \(HTTP://WWW.THEFRONTPAGEONLINE.COM/CONTACT\)](http://www.thefrontpageonline.com/contact)
- [/ PRIVACY POLICY \(HTTP://WWW.THEFRONTPAGEONLINE.COM/PRIVACY-POLICY\)](http://www.thefrontpageonline.com/privacy-policy)

THE FRONT PAGE ONLINE © 2015