



(<http://www.titostacos.com/>)

Tuesday, May 5th 2015



(<http://twitter.com/tfpo>)  
(<http://www.thefrontpageonline.com/feed>)



([HTTP://WWW.THEFRONTPAGEONLINE.COM/](http://www.thefrontpageonline.com/))

# How You Know When You Have Made a Difference



Nicholas Pollak / July 9, 2012 /

OP-ED (<http://www.thefrontpageonline.com/category/op-ed>)

It was 8 in the evening when my wife left for Lancaster, as usual, taking her dog with her.

That left me home, but not alone, with my dog, 10 fish and a 4-foot, 5-inch 15-pound iguana.

It is awesome to me to remember that all this life is dependent upon me getting up in the morning to take care of them. The fish need a little more food. The iguana needs to go into the backyard. The dog needs to be walked.

I want to work out before my clients arrive.

the next day. The dominating, intimidating gentleman is seeking my assistance with relationship issues. He has missed three appointments. He will not pay for them. Yet I still see him.

Why am I willing to see him again?

Hypnosis and the help it provides is the crucial part.

He does not know how to do this for himself. He can attain a deep hypnotic trance, but he doesn't know how to get there. As a hypnotherapist, my duty is to teach him. The money is secondary; the joy of seeing him gain the changes he wants so badly are what this is about.

### **When People Aren't Nice**

Each of us knows persons we deal with on a daily basis aren't always nice. Some customers. Some doctors. Some nurses, shopkeepers, insurance agents, rock stars, film stars.

Our goal is to mix with people who are...?

Positive, kind, caring, generous, loving, giving, concerned, helpful, humble.

These latter traits are displayed by the most successful among us, those who attain their full happiness and prosperity. Being kind, caring and unselfish are the most important keys.

*"I have more fun and more financial success when I think less of what I want and more of how to give others what they want."*

When you help others gain what they want, they, in turn, will help you.

The client I am seeing tomorrow is a successful businessman. He has not shown any of the traits that make a success. Rude and insensitive to others, yet he is successful.

But he wonders why his relationships don't work out. If his dates see him act the way he does around me, these would not be relationships made in heaven.

He shows a determination to succeed in his quest regardless of what anyone else may want. He steamrollers them. Like a blitzkrieg. He has bludgeoned others to create his success.

To each his own, but I mean, really?

He has shown me his character. That is the essence of a person. I did not like what I saw, but as a hypnotherapist, it is not for me to like or dislike a client or what anyone seeks to achieve.

That is why I will see my reluctant-to-pay client. I am giving him the tools he wants to change his life.. When that has fully happened, I will have done my job.

I love hypnotherapy. To say I have done my job actually sticks in my craw.

I will die a poor or a rich hypnotist, but I will die a hypnotist. This job is not a job. It is my life. It is who I am. I help people gain the changes that they want.

What a feeling, knowing persons' lives have been positively affected because they chose me as their hypnotherapist.

They are doing things that they could not do before.

I have made a difference.

***If you have any questions please do not hesitate to contact me by telephone, 310.204.3321, or by email at [nickpollak@hypnotherapy4you.net](mailto:nickpollak@hypnotherapy4you.net) (mailto:nickpollak@hypnotherapy4you.net). See my website at [www.hypnotherapy4you.net](http://www.hypnotherapy4you.net) (http://www.hypnotherapy4you.net)***



OP-ED

Submit

## Recent Comments

---

Cary Anderson on [No Billboards, Says Fox Hills \(http://www.thefrontpageonline.com/news/no-billboards-says-fox-hills#comment-2143\)](http://www.thefrontpageonline.com/news/no-billboards-says-fox-hills#comment-2143)

---

George Laase on [No Billboards, Says Fox Hills \(http://www.thefrontpageonline.com/news/no-billboards-says-fox-hills#comment-2121\)](http://www.thefrontpageonline.com/news/no-billboards-says-fox-hills#comment-2121)

---

George Laase on [Will Carlyle Mass Sale Shake up or Kill 'Billboard' Drive? \(http://www.thefrontpageonline.com/allposts/will-carlyle-mass-sale-shake-up-or-kill-billboard-drive#comment-2102\)](http://www.thefrontpageonline.com/allposts/will-carlyle-mass-sale-shake-up-or-kill-billboard-drive#comment-2102)

---

Janet Chabola on [Why California's Income Tax Should Be Abolished \(http://www.thefrontpageonline.com/op-ed/why-californias-income-tax-should-be-abolished#comment-2097\)](http://www.thefrontpageonline.com/op-ed/why-californias-income-tax-should-be-abolished#comment-2097)

---

Janet Chabola on [Midget Wages Hurt Seniors, Too – Ridley-Thomas \(http://www.thefrontpageonline.com/news/midget-wages-hurt-seniors-too-ridley-thomas#comment-2096\)](http://www.thefrontpageonline.com/news/midget-wages-hurt-seniors-too-ridley-thomas#comment-2096)

## Popular Posts

---

[An Eye on the State of Foster Youths \(http://www.thefrontpageonline.com/news/an-eye-on-the-state-of-foster-youths\)](http://www.thefrontpageonline.com/news/an-eye-on-the-state-of-foster-youths) May 5, 2015

---

[Meghan's Clean Water Message to Mayors \(http://www.thefrontpageonline.com/breaking-news/meghans-clean-water-message-to-mayors\)](http://www.thefrontpageonline.com/breaking-news/meghans-clean-water-message-to-mayors) May 5, 2015

[What's Better Than 140 Tito's Tacos? Ask Vets \(http://www.thefrontpageonline.com/breaking-news/whats-better-than-140-titos-tacos-ask-vets\)](http://www.thefrontpageonline.com/breaking-news/whats-better-than-140-titos-tacos-ask-vets) May 5, 2015

---

[Welcome to Car Show, Says President Shery \(http://www.thefrontpageonline.com/ae/welcome-to-car-show-says-president-shery\)](http://www.thefrontpageonline.com/ae/welcome-to-car-show-says-president-shery) May 5, 2015

---

[Clarke Talks of What Still Can Be \(http://www.thefrontpageonline.com/news/clarke-talks-of-what-still-can-be\)](http://www.thefrontpageonline.com/news/clarke-talks-of-what-still-can-be) May 5, 2015

---

  [\(http://feeds.reuters.com/reuters/topNews\)](http://feeds.reuters.com/reuters/topNews)  
[World News \(http://www.reuters.com/\)](http://www.reuters.com/)

---

[Greece steps up diplomacy to avert cash crunch \(http://feeds.reuters.com/~r/reuters/topNews/~3/Rprh5QzGris/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/Rprh5QzGris/story01.htm)

---

[Boston bomber's lawyers continue case against death sentence \(http://feeds.reuters.com/~r/reuters/topNews/~3/Fdmko\\_KuJmg/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/Fdmko_KuJmg/story01.htm)

---

[Forty migrants reported drowned in Mediterranean: Save the Children \(http://feeds.reuters.com/~r/reuters/topNews/~3/sQNnMoBdG6s/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/sQNnMoBdG6s/story01.htm)

---

[Bad weather disrupts links with avalanche-hit Nepal village \(http://feeds.reuters.com/~r/reuters/topNews/~3/Cvavclh6e7s/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/Cvavclh6e7s/story01.htm)

---

[Gunman in Mohammad cartoon attack in Texas monitored for years \(http://feeds.reuters.com/~r/reuters/topNews/~3/wrHlTvcaBdQ/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/wrHlTvcaBdQ/story01.htm)

---

[French fighter jets find takers in a worried world \(http://feeds.reuters.com/~r/reuters/topNews/~3/VVZEWz18Xzs/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/VVZEWz18Xzs/story01.htm)

---

[France, Saudi Arabia: Iran nuclear deal must be verifiable, no threat to region \(http://feeds.reuters.com/~r/reuters/topNews/~3/Qet-PqpJJVo/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/Qet-PqpJJVo/story01.htm)

---

[Clinton to call for path to citizenship at Nevada campaign stop \(http://feeds.reuters.com/~r/reuters/topNews/~3/oUjDrAxN6QQ/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/oUjDrAxN6QQ/story01.htm)

---

[Cisco looks to salesman Robbins for tech leadership \(http://feeds.reuters.com/~r/reuters/topNews/~3/akQz2j14vY/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/akQz2j14vY/story01.htm)

[Cisco veteran Robbins to take over as CEO from Chambers \(http://feeds.reuters.com/~r/reuters/topNews/~3/SomUug9PP\\_w/story01.htm\)](http://feeds.reuters.com/~r/reuters/topNews/~3/SomUug9PP_w/story01.htm)

## Events Calendar

**Sunset Baby** ([http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&calendar\\_id=widget-upcoming\\_events-7-title&theme\\_id=1&eventID=16&widget=1&date=2015-05-06&TB\\_iframe=1&tbWidth=600&tbHeight=500](http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&calendar_id=widget-upcoming_events-7-title&theme_id=1&eventID=16&widget=1&date=2015-05-06&TB_iframe=1&tbWidth=600&tbHeight=500))

May 06, 2015

Repeat Every 1 Week(s) on : Wednesday,Thursday,Friday,Saturday,Sunday

A secret cache of letters brings together a former

See more ([http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&theme\\_id=1&calendar\\_id=widget-upcoming\\_events-7-title&eventID=16&widget=1&date=2015-05-06&TB\\_iframe=1&tbWidth=600&tbHeight=500](http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&theme_id=1&calendar_id=widget-upcoming_events-7-title&eventID=16&widget=1&date=2015-05-06&TB_iframe=1&tbWidth=600&tbHeight=500))

**'Row After Row' & 'A Small Fire'** ([http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&calendar\\_id=widget-upcoming\\_events-7-title&theme\\_id=1&eventID=24&widget=1&date=2015-05-08&TB\\_iframe=1&tbWidth=600&tbHeight=500](http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&calendar_id=widget-upcoming_events-7-title&theme_id=1&eventID=24&widget=1&date=2015-05-08&TB_iframe=1&tbWidth=600&tbHeight=500))

May 08, 2015

Repeat Every 1 Week(s) on : Friday,Saturday,Sunday

The multiple award-winning Echo Theater Company, n

See more ([http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&theme\\_id=1&calendar\\_id=widget-upcoming\\_events-7-title&eventID=24&widget=1&date=2015-05-08&TB\\_iframe=1&tbWidth=600&tbHeight=500](http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&theme_id=1&calendar_id=widget-upcoming_events-7-title&eventID=24&widget=1&date=2015-05-08&TB_iframe=1&tbWidth=600&tbHeight=500))

**House of Yes** ([http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&calendar\\_id=widget-upcoming\\_events-7-title&theme\\_id=1&eventID=23&widget=1&date=2015-05-09&TB\\_iframe=1&tbWidth=600&tbHeight=500](http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&calendar_id=widget-upcoming_events-7-title&theme_id=1&eventID=23&widget=1&date=2015-05-09&TB_iframe=1&tbWidth=600&tbHeight=500))

May 09, 2015

Repeat Every 1 Week(s) on : Friday,Saturday,Sunday

Love, incest, mental illness and murder. A 25th an

How You Know when You're a Different Page from...  
See more (http://www.thefrontpageonline.com/wp-admin/admin-ajax.php?action=spidercalendarbig&theme\_id=1&calendar\_id=widget-upcoming\_events-7-title&eventID=23&widget=1&date=2015-05-09&TB\_iframe=1&tbWidth=600&tbHeight=500)

Downtown Culver City, C

Go

- Downtown Culver City, CA 90232

[Weather](#) [Wind](#) [Rain](#) [Sun](#) [Moon](#) [UV](#)

63°F

Increasing Clouds

SSW Wind 6.9 mph

**Subscribe to our News Feed!**  
**(<http://www.thefrontpageonline.com/feed>)**

## 📁 Categories

[A&E \(http://www.thefrontpageonline.com/category/ae\)](http://www.thefrontpageonline.com/category/ae) (659)

[Film \(http://www.thefrontpageonline.com/category/ae/film\)](http://www.thefrontpageonline.com/category/ae/film) (143)

[General Art \(http://www.thefrontpageonline.com/category/ae/general-art\)](http://www.thefrontpageonline.com/category/ae/general-art) (49)

[Theatre \(http://www.thefrontpageonline.com/category/ae/theatre\)](http://www.thefrontpageonline.com/category/ae/theatre) (56)

7 of 11 [All Posts \(http://www.thefrontpageonline.com/category/allposts\)](http://www.thefrontpageonline.com/category/allposts) (4)

5/5/15, 1:09 PM

[Breaking News \(http://www.thefrontpageonline.com/category/breaking-news\)](http://www.thefrontpageonline.com/category/breaking-news) (11)

[News \(http://www.thefrontpageonline.com/category/news\)](http://www.thefrontpageonline.com/category/news) (4,034)

[OP-ED \(http://www.thefrontpageonline.com/category/op-ed\)](http://www.thefrontpageonline.com/category/op-ed) (8,417)

[Editor's Essays \(http://www.thefrontpageonline.com/category/op-ed/editors-essays\)](http://www.thefrontpageonline.com/category/op-ed/editors-essays)  
(716)

[Letters \(http://www.thefrontpageonline.com/category/op-ed/letters\)](http://www.thefrontpageonline.com/category/op-ed/letters) (1,567)

[The Recreational Nihilist \(http://www.thefrontpageonline.com/category/op-ed/the-recreational-nihilist\)](http://www.thefrontpageonline.com/category/op-ed/the-recreational-nihilist)  
(129)

[Sports \(http://www.thefrontpageonline.com/category/sports\)](http://www.thefrontpageonline.com/category/sports) (443)

## Archives

Archives

Select Month

## Recent Posts

[An Eye on the State of Foster Youths \(http://www.thefrontpageonline.com/news/an-eye-on-the-state-of-foster-youths\)](http://www.thefrontpageonline.com/news/an-eye-on-the-state-of-foster-youths) May 5, 2015

[Meghan's Clean Water Message to Mayors \(http://www.thefrontpageonline.com/breaking-news/meghans-clean-water-message-to-mayors\)](http://www.thefrontpageonline.com/breaking-news/meghans-clean-water-message-to-mayors) May 5, 2015

[What's Better Than 140 Tito's Tacos? Ask Vets \(http://www.thefrontpageonline.com/breaking-news/whats-better-than-140-titos-tacos-ask-vets\)](http://www.thefrontpageonline.com/breaking-news/whats-better-than-140-titos-tacos-ask-vets) May 5, 2015

[Welcome to Car Show, Says President Shery \(http://www.thefrontpageonline.com\)](http://www.thefrontpageonline.com)



---

[Clarke Talks of What Still Can Be](http://www.thefrontpageonline.com/news/clarke-talks-of-what-still-can-be) (<http://www.thefrontpageonline.com/news/clarke-talks-of-what-still-can-be>) May 5, 2015

---

[White Talks of Fighting Fire with...](http://www.thefrontpageonline.com/breaking-news/white-talks-of-fighting-fire-with) (<http://www.thefrontpageonline.com/breaking-news/white-talks-of-fighting-fire-with>) May 5, 2015

---

[You, Too, Can Shed Your Shyness](http://www.thefrontpageonline.com/op-ed/you-too-can-shed-your-shyness) (<http://www.thefrontpageonline.com/op-ed/you-too-can-shed-your-shyness>) May 4, 2015

---

[Ridley-Thomas Will Address Dems Next Week](http://www.thefrontpageonline.com/news/ridley-thomas-will-address-dems-next-week) (<http://www.thefrontpageonline.com/news/ridley-thomas-will-address-dems-next-week>) May 4, 2015

---

[Look Who Voted 'No' on Personal Obamacare](http://www.thefrontpageonline.com/op-ed/look-who-voted-no-on-personal-obamacare) (<http://www.thefrontpageonline.com/op-ed/look-who-voted-no-on-personal-obamacare>) May 4, 2015

---

[Price's District Heavily for Minimum Wage Jump](http://www.thefrontpageonline.com/news/prices-district-heavily-for-minimum-wage-jump) (<http://www.thefrontpageonline.com/news/prices-district-heavily-for-minimum-wage-jump>) May 4, 2015

---

## Recent Comments

---

Cary Anderson on [No Billboards, Says Fox Hills](http://www.thefrontpageonline.com/news/no-billboards-says-fox-hills#comment-2143) (<http://www.thefrontpageonline.com/news/no-billboards-says-fox-hills#comment-2143>)

---

George Laase on [No Billboards, Says Fox Hills](http://www.thefrontpageonline.com/news/no-billboards-says-fox-hills#comment-2121) (<http://www.thefrontpageonline.com/news/no-billboards-says-fox-hills#comment-2121>)

---

George Laase on [Will Carlyle Mass Sale Shake up or Kill 'Billboard' Drive?](http://www.thefrontpageonline.com/allposts/will-carlyle-mass-sale-shake-up-or-kill-billboard-drive#comment-2102) (<http://www.thefrontpageonline.com/allposts/will-carlyle-mass-sale-shake-up-or-kill-billboard-drive#comment-2102>)

---

Janet Chabola on [Why California's Income Tax Should Be Abolished](http://www.thefrontpageonline.com/op-ed/why-californias-income-tax-should-be-abolished#comment-2097) (<http://www.thefrontpageonline.com/op-ed/why-californias-income-tax-should-be-abolished#comment-2097>)

Janet Chabola on Midget Wages Hurt Seniors, Too – Ridley-Thomas

(<http://www.thefrontpageonline.com/news/midget-wages-hurt-seniors-too-ridley-thomas#comment-2096>)

Janet Chabola on Under Rent Control, Mass Evictions Multiply

(<http://www.thefrontpageonline.com/news/under-rent-control-mass-evictions-multiply#comment-2082>)

Shakir (<http://detailvision.com>) on Logo Lives Matter

(<http://www.thefrontpageonline.com/op-ed/editors-essays/logo-lives-matter#comment-1980>)

Anonymous on Logo Lives Matter (<http://www.thefrontpageonline.com/op-ed/editors-essays/logo-lives-matter#comment-1973>)

Frédéric Sisa on Logo Lives Matter (<http://www.thefrontpageonline.com/op-ed/editors-essays/logo-lives-matter#comment-1896>)

George Laase on Logo Lives Matter (<http://www.thefrontpageonline.com/op-ed/editors-essays/logo-lives-matter#comment-1865>)



(<https://twitter.com/thefrontpageonline>)  
(<http://www.thefrontpageonline.com/tfpo/feed>)

[NEWS \(HTTP://WWW.THEFRONTPAGEONLINE.COM/NEWS\)](http://www.thefrontpageonline.com/news)

[/ OP-ED \(HTTP://WWW.THEFRONTPAGEONLINE.COM/OP-ED\)](http://www.thefrontpageonline.com/op-ed)

[/ A&E \(HTTP://WWW.THEFRONTPAGEONLINE.COM/AE\)](http://www.thefrontpageonline.com/ae)

[/ SPORTS \(HTTP://WWW.THEFRONTPAGEONLINE.COM/SPORTS\)](http://www.thefrontpageonline.com/sports)

[/ CALENDAR \(HTTP://WWW.THEFRONTPAGEONLINE.COM/CALENDAR\)](http://www.thefrontpageonline.com/calendar)

[/ ABOUT US \(HTTP://WWW.THEFRONTPAGEONLINE.COM/ABOUT-US\)](http://www.thefrontpageonline.com/about-us)

[/ OUR PHILOSOPHY \(HTTP://WWW.THEFRONTPAGEONLINE.COM/OUR-PHILOSOPHY\)](http://www.thefrontpageonline.com/our-philosophy)

[/ THE FRONT PAGE TEAM \(HTTP://WWW.THEFRONTPAGEONLINE.COM/THE-FRONT-PAGE-TEAM\)](http://www.thefrontpageonline.com/the-front-page-team)

[/ ADVERTISERS \(HTTP://WWW.THEFRONTPAGEONLINE.COM/ADVERTISERS\)](http://www.thefrontpageonline.com/advertisers)

