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# Find the Secrets Embedded in Your Handwriting



Nicholas Pollak / September 14, 2009 /

OP-ED (<http://www.thefrontpageonline.com/category/op-ed>)

Did you know that there are approximately 197 different character traits revealed in any individual's handwriting.

Consciously, we write what we want to write. But the handwriting style itself comes from our subconscious.

Handwriting analysis is a useful tool in self-improvement.

When you understand what part of your writing refers to which character trait, you will be able to affect a change by consciously changing how you write. That will assist you in making the subconscious changes you are looking for.



Those with handwriting that leans to the right are generally more outgoing.

Those with their handwriting straight up and down are generally level headed.

Once a trained analyst has examined your handwriting and you know which characters to change to create the desired result, it is important to apply these changes when writing positive affirmations.

Positive affirmations are written about 10 to 15 minutes before bedtime when the subconscious is most open. The subconscious will allow them to enter and to begin to work as the conscious mind is at rest. (The subconscious never sleeps)

### **Aids for Your Benefit**

Some useful positive affirmations: I am giving and receiving happiness, success and prosperity.

I am receiving income daily from current, new and exciting sources.

I am conscientious, successful and a hard worker.

I am a kind, caring and loving spouse, or parent or brother or sister. Ensure that your affirmations are relevant to your issues and are written in the present tense.

It is important that words such as “have” must be replaced by “want.” (Have is a chore word, want is a desire word). Eliminate the word “will” and replace it with “I am.” (Will is a word that delays the proposed affirmation to the future while “I am” is present tense and does not allow you to put off to the future.)

Think of affirmations. Write them 21 nights in a row. See if any take hold. Are the nightly affirmations making you feel better? Are you closer to your goals?

If I can assist you with analyzing handwriting, either for prospective employees or simply self-analysis, contact me.

may be contacted at [nickpollak@hypnotherapy4you.net](mailto:nickpollak@hypnotherapy4you.net)  
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Repeat Every 1 Week(s) on : Friday, Saturday, Sunday

Love, incest, mental illness and murder. A 25th an

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Repeat Every 1 Week(s) on : Wednesday,Thursday,Friday,Saturday,Sunday

A secret cache of letters brings together a former

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The multiple award-winning Echo Theater Company, n

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*SW* Wind 11.4 mph

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