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A Cop Who Learned His Lesson



Nicholas Pollak / October 8, 2012 /

[OP-ED \(http://www.thefrontpageonline.com/category/op-ed\)](http://www.thefrontpageonline.com/category/op-ed)

560|left|Nicholas D. Pollak|remove link|no_popup[/img]My wife and I were in a café in Santa Monica when a motorcycle cop walked in to have his dinner.

She noticed a series of nine stripes on the arm of his uniform. When he sat down next to our table, she asked him what the stripes meant. A symbol of rank? No, they indicated how many years he had been a motorcycle cop, he said.

A friendly guy, we started a nice conversation. My wife asked him if he was riding a Harley Davidson or a BMW. Until two months ago, he rode a Harley before switching to a BMW. He is a fan of Harley Davidsons, but as a cop riding all day, the BMW is smoother, quieter, more comfortable. I have heard this sentiment expressed by others who also have the same keen desire to ride.

When we are flagged, we start to be concerned about why we were stopped and what will happen. Most people were compliant, he agreed, and yes, all definitely had a look of hypnosis on their faces. He was aware that when he spoke with a motorist, the person understood what he was saying and often did not repeat the infractions.

There is an excellent chance when someone is stopped he will clearly remember the occasion for some time. The lesson viewed as a replay from the subconscious will change a behavior.

But why? The subconscious does not know what is good, bad, right wrong, real or false. It only stores information. The conscious decides the distinctions.

When a significant event occurs – being stopped by a cop – it will register strongly within the subconscious. Next time, we are unlikely to repeat the behavior because the subconscious knows we do not want to do it again.

Our new friend the motorcycle cop was interested in the workings of the conscious and subconscious. Not only was he intrigued by my explanations, he readily accepted them. “When an explanation is clear, concise and obviously accurate,” he said, “it is to be considered, learned, understood and used in one’s daily life.”

If you have any questions please do not hesitate to contact me by telephone, 310.204.3321, or by email at nickpollak@hypnotherapy4you.net (mailto:nickpollak@hypnotherapy4you.net). See my website at www.hypnotherapy4you.net (http://www.hypnotherapy4you.net)



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